3-DAY LIVE VIRTUAL TRAINING | JUNE 22, 23 AND 28, 2027

TF-CBT PSB for Children 12 & Under: Foundations, Assessment and Treatment

FORMAT Live and interactive on Zoom (synchronous), or in person

DURATION 6.5 Hours Each Day (5.5 Hours of Instruction) **TIME** 11:00 AM – 5:30 PM ET (8:00 AM – 2:30 PM PT), Each Day

TRAINERS Ashley Fiore, LCSW and Geoff Sidoli, LCSW **TOTAL CES** 16.5 NBCC

On Zoom, participants take part in real-time discussion, Q&A, demonstration videos, case examples, polling and small-group activities in breakout rooms. A computer with camera, microphone and the current version of Zoom is required.

CE Credits Available: 16.5 NBCC CE hours · NBCC ACEP No. 8098 · Full attendance and post-training evaluation required for CE credit

SESSION AGENDA

TIME (ET)	CES	TOPIC AND CONTENT (TEACHING METHODS)
Day 1 of 3 | 5.5 CEs		
11:00 – 12:30	1.5	**Welcome; Training and Treatment Philosophy; Bias, Beliefs and Impact on Practice** *(Lecture, values activity, large-group discussion)* What accounts for change in therapy · Approach vs. avoidance goals and the parallel process · Where our values and beliefs come from · Catching implicit bias before, during and after sessions · Self-assessment bias (Walfish et al., 2012) · Recidivism research (Caldwell, 2016) and why treatment must be individualized
12:30 – 12:45	Break	
12:45 – 2:15	1.5	**Best Clinical Practices and the Role of Trauma in PSB** *(Lecture, case voting activity, discussion)* The faces of self-protective responses · Disclosure as a process, not an event · Listening skills · Normative, Concerning, or Harmful? · Behavior as a once-useful survival strategy · Four traumagenic dynamics (Finkelhor & Browne) · Treating the injury: felt safety, regulation, and attachment repair
2:15 – 2:45	Lunch	
2:45 – 4:15	1.5	**Screening Trauma and Sexual Behaviors** *(Lecture, case application, case voting activity)* Screening vs. assessment · UCLA PTSD-RI Brief Screen · Introducing the case example · ASB-C screener · The continuum from normative to harmful · Medical and developmental rule-outs
4:15 – 4:30	Break	
4:30 – 5:30	1.0	**Assessment Fundamentals** *(Lecture, vignette discussion)* Individualized assessment for a heterogeneous population · Conceptualizing sexual behaviors in children · Consent vs. compliance · Preparing for the interview and meeting with the team · Developmental issues in young children with sexual behaviors · Day 1 reflections
Day 2 of 3 | 5.5 CEs		
11:00 – 12:30	1.5	**Techniques for Eliciting a Sexual Developmental History** *(Demonstration videos, group discussion)* Lessons from forensic interviewing · Closed vs. open-ended questions and change talk · Making the uncomfortable comfortable when talking about sex · Structured interviewing of the child, Parts 1 and 2 · Wrapping up the interview and consulting with the team
12:30 – 12:45	Break	
12:45 – 2:15	1.5	**Clinical Assessment that Guides Treatment** *(Lecture, measure review, resource walk-through)* Components of a quality assessment · Assessment battery: YCPC (ages 3 to 6), CATS-2, SDQ, RCADS, ASB-C, resilience and protective factors · Making assessment fun and engaging · Determining appropriate cases · Assessment feedback and written evaluations
2:15 – 2:45	Lunch	

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2:45 – 4:15	**1.5**	**Operationalizing Symptoms and Functional Behavioral Analysis** *(Lecture, group FBA activity, case vignette)* Choosing and operationalizing the top 3 trauma symptoms · Weekly tracking with child and caregiver separately · The four functions of behavior · FBA prompts for caregivers and children · Group FBA and case conceptualization
4:15 – 4:30		**Break**
4:30 – 5:30	**1.0**	**Working with Families in Denial and Discord; Safety Planning** *(Demonstration videos, group discussion)* Self-protective responses and binary bias · Creating cognitive dissonance and evoking change talk with caregivers · Collaborative safety planning: structure, access, and awareness · The safety plan, clarification, and reunification process · Building responsibility · Day 2 reflections

Day 3 of 3 | 5.5 CEs

11:00 – 12:30	**1.5**	**Stabilization, Part 1: Psychoeducation and Parenting with PSB** *(Demonstration videos, small-group activity)* From FBA findings to the treatment plan · Psychoeducation with caregivers, sequenced from assessment · Psychoeducation with the child · Specific praise, selective attention, time out, and when/then statements · Building resilience through parenting work
12:30 – 12:45		**Break**
12:45 – 2:15	**1.5**	**Stabilization, Part 2: Relaxation, Affective Expression and Regulation, and Cognitive Coping** *(Demonstration video, skills practice, small-group activity)* Separate but similar coping goals for child and caregiver · Building gradual exposure to PSB and trauma into relaxation · Affective regulation applied to the child's own behaviors · Cognitive Speed Bumps as a coping skill for PSB · Moving from neutral to relevant scenarios
2:15 – 2:45		**Lunch**
2:45 – 4:15	**1.5**	**Trauma Narration and Processing with PSB** *(Lecture, narrative examples, reprocessing practice activity)* Finding themes across trauma experiences · Whether and how to include PSB in a young child's narrative without creating shame · Mastery moments · The trauma processing continuum · Revisiting timelines for containment · Balancing thoughts · Building responsibility in caregivers
4:15 – 4:30		**Break**
4:30 – 5:30	**1.0**	**In Vivo Mastery, Conjoint Sessions, and Enhancing Safety and Future Development** *(Case application, activity, large-group discussion)* In vivo work with technology and trauma reminders · Preparing for and conducting conjoint sessions · Reassessing the safety plan, handling a breach, and rebuilding trust · "Whose responsibility is it?" activity · Healthy sexuality resources for caregivers · Letter to the future self · Next steps toward certification

LEARNING OBJECTIVES *Upon completion of training, participants will be able to:*

1. Distinguish between typical sexual development and problematic sexual behaviors in children 12 and under, and apply assessment strategies that account for developmental level, trauma history, and caregiver context
2. Demonstrate structured sexual developmental history interviewing techniques with both caregivers and children, including approaches for engaging families in denial
3. Apply standardized assessment tools and case conceptualization frameworks to develop individualized treatment plans for children with PSB and their non-offending caregivers
4. Integrate TF-CBT PRACTICE components with PSB-specific clinical applications across developmental levels
5. Analyze trauma-related cognitive distortions and caregiver unhelpful attributions about their child, and demonstrate reprocessing strategies to support meaning making and anxiety habituation
6. Design a Collaborative Personalized Safety Plan and clarification and reunification approach for children with PSB, incorporating In Vivo Mastery and Enhancing Safety and Future Development components

Reminder for CE Credit: Attendance for all training days is required, and partial credit is not available. Complete the post-training evaluation to receive your CE certificate, which is issued within 5 business days.

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ATTENDANCE AND CE CREDIT

For Zoom sessions, attendance is tracked with Zoom participant reports, which record each participant's join and leave times as the official record of participation. For in-person sessions, attendance is verified with a monitored sign-in and sign-out record each day. Please join using your full name as registered. Joining under a nickname, a colleague's name, or a partial name may delay your certificate.

To receive CE credit, you must attend the entire training and complete the post-training evaluation. **Partial credit is not available**, and certificates can't be issued for watching a recording in place of live attendance. Certificates are issued within 5 business days of completing the evaluation.

If a technical problem pulls you out of the session, rejoin as quickly as you can and let the trainer know in the chat. If you miss part of the training, CE credit can't be issued. Transfers to a future offering for missed time are at Ashley Fiore, LCSW PLLC's discretion and are not guaranteed.

REGISTRATION, REFUNDS, AND CANCELLATION

PARTICIPANT REFUND POLICY

Your registration covers both the training days and the consultation calls.

60 or more days before the first training day: full refund, or transfer to a future cohort.

30 to 59 days before: no cash refund, but a credit for 50% of the registration fee toward a future training.

Fewer than 30 days before: no refund or transfer.

Once training begins: no refund for any part of the registration, including consultation calls you don't attend.

Substitutions. A colleague who meets the training's eligibility requirements may take your place for both the training and consultation if you let us know before the first training day. Email ashley@ashleyfiore.com to arrange it.

Emergencies. Exceptions may be made for medical emergencies at Ashley Fiore, LCSW PLLC's discretion.

CANCELLATION BY ASHLEY FIORE, LCSW PLLC

If Ashley Fiore, LCSW PLLC cancels or reschedules a training for any reason, including low enrollment or instructor illness, you'll be notified promptly and offered a full refund or a free transfer, whichever you prefer.

Ashley Fiore, LCSW PLLC is not responsible for travel or other costs participants incur.

ACCESSIBILITY

We want everyone to be able to participate fully. If you need an accommodation, such as captioning, materials in an alternate format, or scheduled breaks, please email ashley@ashleyfiore.com at least 10 business days before the training, and we'll work with you to arrange it.

GRIEVANCE POLICY

If you have a concern about a training, including course content, the trainer, the facility or platform, a refund request, or a certificate you haven't received, please email ashley@ashleyfiore.com within 30 days of the training. We'll acknowledge your concern within 5 business days and work toward a resolution within 30 days.

Geoff Sidoli, MSW, LCSW, our social work planner, takes part in resolving every grievance from a social worker, so each concern is reviewed by a licensed social worker other than the CE director. We keep a record of each grievance and the steps taken, share it with ASWB or NBCC when requested, and report complaints to NBCC as its policy requires. Every concern is used to improve future trainings.

CE APPROVALS

NBCC. Ashley Fiore, LCSW, PLLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 8098. Programs that do not qualify for NBCC credit are clearly identified. Ashley Fiore, LCSW, PLLC is solely responsible for all aspects of the programs.

Questions about registration, CE credit, or policies? ashley@ashleyfiore.com | (828) 230-1637 | 725 Merrimon Ave. #8337, Asheville, NC 28804

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