2-HOUR LIVE VIRTUAL OR IN-PERSON TRAINING

Feelings Work and Emotion Coaching for Children and Teens in Evidence-Based Treatment

FORMAT Live and interactive on Zoom (synchronous), or in person

DURATION 2 Hours **TIME** 12:00 – 2:00 PM ET **TRAINER** Ashley Fiore, LCSW **TOTAL CES** 2.0 NBCC & ASWB

On Zoom, participants take part in real-time discussion, Q&A and skills practice. A computer with camera, microphone and the current version of Zoom is required.

CE Credits Available: 2.0 NBCC CE hours | 2.0 ASWB CE credits (Course #6596) · NBCC ACEP No. 8098 · Full attendance and post-training evaluation required for CE credit

SESSION AGENDA

TIME (ET)	TOPIC AND CONTENT (TEACHING METHODS)
12:00 – 12:15	**Goals of Affective Expression and Regulation Work: Application to TF-CBT and AF-CBT** *(Didactic instruction)*
12:15 – 12:30	**Resource Sharing: Participant-Driven Intervention Exchange** *(Large-group discussion)*
12:30 – 12:45	**Matching the Right Intervention to the Specific Treatment Goal** *(Didactic instruction, discussion)*
12:45 – 1:30	**Role of the Caregiver in Emotion Regulation** *(Didactic instruction, skills demonstration, practice)* AF-CBT strategies for caregiver affect regulation · TF-CBT Emotion Coaching parenting strategies
1:30 – 2:00	**Skills Demonstration, Application, and Practice | Q&A** *(Skill practice, group discussion)*

LEARNING OBJECTIVES

Upon completion of training, participants will be able to:

1. Describe how affective expression and regulation work is pertinent to helping children who have experienced trauma
2. Implement Emotion Coaching strategies with caregivers to help them partner with their children and find success with emotion regulation
3. Demonstrate at least 4 new strategies clinicians can use to help children and caregivers reflect on and share their feelings, notice internal and external cues to dysregulation, and express their feelings more directly with each other

Reminder for CE Credit: Attendance for the full training is required, and partial credit is not available. Complete the post-training evaluation to receive your CE certificate, which is issued within 5 business days.

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ATTENDANCE AND CE CREDIT

For Zoom sessions, attendance is tracked with Zoom participant reports, which record each participant's join and leave times as the official record of participation. For in-person sessions, attendance is verified with a monitored sign-in and sign-out record each day. Please join using your full name as registered. Joining under a nickname, a colleague's name, or a partial name may delay your certificate.

To receive CE credit, you must attend the entire training and complete the post-training evaluation. **Partial credit is not available**, and certificates can't be issued for watching a recording in place of live attendance. Certificates are issued within 5 business days of completing the evaluation.

If a technical problem pulls you out of the session, rejoin as quickly as you can and let the trainer know in the chat. If you miss part of the training, CE credit can't be issued. Transfers to a future offering for missed time are at Ashley Fiore, LCSW PLLC's discretion and are not guaranteed.

REGISTRATION, REFUNDS, AND CANCELLATION

PARTICIPANT REFUND POLICY

30 or more days before: full refund minus an administrative fee of $15 or 10% of the registration fee, whichever is greater. This fee covers the credit card processing and registration platform fees we pay on every registration, plus the time it takes to process your cancellation. Email ashley@ashleyfiore.com to cancel.

Fewer than 30 days before: no refund, but you may transfer to a future offering of any workshop within 12 months, or send a colleague in your place, at no cost.

Within 48 hours of the training, or a no-show: no refund or transfer. A colleague may still attend in your place if you let us know before the training starts.

Emergencies. We understand that emergencies happen. If something unexpected comes up, please reach out and we'll do our best to work with you.

CANCELLATION BY ASHLEY FIORE, LCSW PLLC

If Ashley Fiore, LCSW PLLC cancels or reschedules a training for any reason, including low enrollment or instructor illness, you'll be notified promptly and offered a full refund or a free transfer, whichever you prefer.

Ashley Fiore, LCSW PLLC is not responsible for travel or other costs participants incur.

ACCESSIBILITY

We want everyone to be able to participate fully. If you need an accommodation, such as captioning, materials in an alternate format, or scheduled breaks, please email ashley@ashleyfiore.com at least 10 business days before the training, and we'll work with you to arrange it.

GRIEVANCE POLICY

If you have a concern about a training, including course content, the trainer, the facility or platform, a refund request, or a certificate you haven't received, please email ashley@ashleyfiore.com within 30 days of the training. We'll acknowledge your concern within 5 business days and work toward a resolution within 30 days.

Geoff Sidoli, MSW, LCSW, our social work planner, takes part in resolving every grievance from a social worker, so each concern is reviewed by a licensed social worker other than the CE director. We keep a record of each grievance and the steps taken, share it with ASWB or NBCC when requested, and report complaints to NBCC as its policy requires. Every concern is used to improve future trainings.

CE APPROVALS

NBCC. Ashley Fiore, LCSW, PLLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 8098. Programs that do not qualify for NBCC credit are clearly identified. Ashley Fiore, LCSW, PLLC is solely responsible for all aspects of the programs.

ASWB. Feelings Work and Emotion Coaching for Children and Teens in Evidence-Based Treatment, course #6596, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by Ashley Fiore, LCSW PLLC as an individual course. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE course approval period: 1/14/2026 – 1/14/2028. Social workers completing this course receive 2 clinical continuing education credits.

Questions about registration, CE credit, or policies? ashley@ashleyfiore.com | (828) 230-1637 | 725 Merrimon Ave. #8337, Asheville, NC 28804

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